



Daybreak

— LESSON PLANS —

Thanksgiving Friendship Feast

General Information

Grade Levels: First Grade – Eighth Grade

Total Duration: 2 class sessions

Area(s) of Focus: Holidays, Listening & Speaking, Math, Reading, and Social Emotional

Materials: favorite stew recipe (or search online as a class), cutting boards, pairing knives, vegetable peelers, large pot, crock pot, ingredients for your favorite stew recipe, parent helpers, bowls, spoons, cups, beverages, fall colored construction paper, and markers

Activity Description

Day 1: **Determining the Recipe & Designing Placemats**

1. Begin by introducing your favorite stew recipe –or– as a class look in a cook book or on the internet to find a recipe to try together.
2. Teach the class how to multiply fractions or use repeated addition to adjust a recipe for the number of students in the class.
3. Class must determine how much of each ingredient is needed.
4. **Optional:** Have students make place mats with genuine affirmations on them written about friendship to use the day the stew is served. –OR– You can make them yourself ahead of time.

Note:

Send home a party letter to parents requesting supplies needed for stew recipe and volunteers.

Parents will be needed on Day 2 to help prepare the stew.

Day 2: **Preparing the Stew & Class “Thanksgiving Friendship Feast”**

1. Prep the vegetables with the parent helpers. (Put students in small groups with the parents to watch them prepare the different vegetables. Have the parents handle the parts that involve knives. Depending on students age they can get involved.)
2. Once all the vegetables/ingredients are prepped, send parents to the staff room to prepare the stew in a large pot on the stove.
3. Bring the stew back and put it into crock pots to simmer in the classroom.
4. Arrange students’ desks into a long banquet style seating arrangement.
5. Make place mats out of fall colored construction paper with genuine affirmations written on them about friendship.
6. Enjoy a meal as a class. Help to facilitate discussions about friendship, kindness, and have students take turns sharing their place mats with the class.
7. **Optional:** Have students create “Thank You” cards for parents who helped/donated.